

RAINIER BEACH COMMUNITY CENTER

WINTER 2004 PROGRAMS



**8825 Rainier Avenue South
Seattle, WA 98118
(206) 386-1925
(206) 386-1399 FAX**

2004 BUDGET: WHAT IT MEANS FOR RAINIER BEACH COMMUNITY CENTER

The City of Seattle anticipates bringing in \$63 million less in revenues in 2003 than in 2002. This has resulted in almost \$5 million of budget cuts in Seattle Parks and Recreation. One reduction in the 2003 budget the City Council adopted on November 18 will mean Rainier Beach Community Center will be open fewer hours per week.

Beginning January 2, 2003, basic operating hours for the center will be 1 p.m. to 9 p.m. Each center will also be open an additional six hours (to be determined) on week-day mornings, and will continue to be open 10 a.m. to 5 p.m. on Saturdays in the fall, winter and spring. The center is available beyond these hours on a pre-arranged fee basis.

REFUND POLICY:

It is the policy of the Seattle Parks and Recreation and Associated Recreation Council to make a full refund to participants who register for a class, camp, special event or program that is canceled by the Department or Advisory Council for any reason. Refunds, minus a service charge, may be available for many programs if the request is received in advance. Unless indicated otherwise, the request must be received at least 14 days prior to the start of a day camp, trip, overnight camp, special event, or facility rental; and prior to the second class for most other programs. Please ask for specific information before enrolling.

- Any person who registers for a day camp, trip, overnight camp, special event, or a facility rental, and who request a refund within 14 days of its start (or before the second session of a class) may receive a refund minus a service charge.
- Any person who registers for a day camp, trip, overnight camp, special event, or a facility rental, who withdraws from the activity fewer than 14 days before its start (or after the second session of class), will receive **NO REFUND**.
- You may ask to read the entire policy for specific information.

ANTI-DISCRIMINATION:

As a matter of policy, law and commitment, the Seattle Department of Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age creed, religion, ancestry, national origin or Presence of any sensory, mental or physical handicap. (Seattle Municipal Code 18.12.280).

Customer Service Office:

For information about other Parks and Recreation facilities, picnic shelters, and recreational programs, please call Customer Service at (206) 684-4075.

WINTER



ADA COMPLIANCE:

Reasonable accommodations will be made on request for persons with disabilities. If you need sign language interpretations, auxiliary aids, or other accommodations, please call 684-7430 or (TDD ONLY) 223-7061. If possible, please allow 10 working days advance notice for sign language interpretation or auxiliary aids. If a class or activity is scheduled in an area that is not barrier free for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

BEHAVIOR POLICY:

It is the intent of the City to provide the public with recreation services that are safe, enhance the participant's quality of life, and are an enjoyable experience. To do so, the following guidelines for behavior have been established.

Disruptive behavior is Prohibited. Any activity that disrupts the facility, endangers the patron and/or other participants, or interferes with facility business is disruptive behavior. A patron who is disruptive will be notified that the behavior must stop. If the behavior continues, the patron will be asked to leave the facility. If the patron refuses to leave, the local police department will be contacted. A patron that engages in disruptive behavior may be issued a criminal trespass warning. Disruptive behavior on the part of the patron may result in suspension or denial to the facility and activities for a length of time to be determined by the Recreation Coordinator of his/her designee.

The facility is open to all ages including children who may be attending without their parent or guardian. The safety and welfare of children are of primary concern and thus a parent or guardian's responsibility for the behavior and well being of their children is recognized, if a youth Engages in disruptive or unsafe activities, proper notification will be made to a parent/guardian or emergency contact person, if appropriate. If a parent/guardian cannot be contacted, police will be notified and proper documentation will be completed for each incident. If additional action needs to be taken it will be under the discretion of the Recreation Coordinator or his/her designee.

Volunteer Opportunities!

Rainier Beach Community Center is always looking for volunteers. Please call (206) 386-1925 for more information.

RAINIER BEACH COMPLEX WINTER 2004

OUR MISSION:

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate and build community.

Our Vision:

In line with Neighborhood Planning of RB2014 we visualize our center as the resource "Hub" in our community. Our focus is community driven Education and Jobs, Health/Wellness and Technical literacy accomplished through Recreation for the whole family.

Registration: December 29, 2003

Classes Begin: January 5, 2004

HOURS OF OPERATION:

COMMUNITY CENTER HOURS:

Monday - Thursday	1-9 PM
Friday	1-9 PM
Saturday	9-5 PM
Sunday	Noon-5PM

LATE NIGHT HOURS:

Friday	8PM-Midnight
Saturday*	8PM-Midnight
*@ A.S.A MERCER MIDDLE SCHOOL	

DEPARTMENT STAFF:

Kenneth Bounds
Superintendent
BJ
Deputy Superintendent
Christopher Williams
Operations Director
Cheryl Fraser
Recreation Manager
Jeff Lewis
Staff Analyst

PROFESSIONAL STAFF:

Anita Adams
Recreation Center Coordinator
Ian Hallock
Assistant Recreation Coordinator
Folasa Titiali'i Jr.
Late Night Specialist
LaRita Wilkinson
Maintenance Laborer
Tina Capestany
Administrative Support Assistant
Jeron Gates
Activities Director

Heather Johnston
Teen Development Leader
Cindy Thornton
Recreation Attendant
Cara Atchison
After School Director
Jazmyn Scott
After School Leader

HOLIDAY CLOSURES:

Jan 19 MLK Jr. Day
Feb 16 Presidents Day

Visit us at:

<http://www.ci.seattle.wa.us/parks/Centers/rainierbeach.htm>

(206) 386-1925 center

FAX (206) 386-1399

(206) 386-1944 pool

Special Events

2004 Health and Wellness Fair

Saturday, January 24th

10:00AM-2:00PM



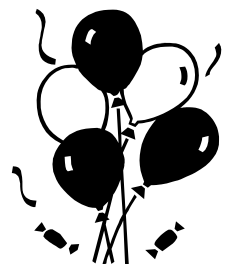
- Free Dental Screenings
- Healthy Cooking Demos
- Free Blood Pressure Tests
- Free Diabetes Tests
- Health info for Moms, Dads, and Seniors



You are Invited!



Neighborhood Appreciation Day February 7, 2004!



Come on down to Rainier Beach Community Center
for a pancake breakfast and enjoy company with others
from around the Rainier Beach Community.



Time: 10AM-12 Noon
(Donations Accepted)



School Age Care

Rainier Beach After-School Program

Days: Monday-Friday
Time: 3:30-6:30 PM
Cost: \$230.00 per month*

Designed to meet the needs of working parents by providing an after school enhancement program that is fun, exciting, age appropriate and safe for their kids. Youth will enjoy arts and crafts, special events, field trips, tutoring, and computer time.
DSHS Licensed.

*Ask about Scholarship availability

Before School Care

Start your morning off on the right foot...Enroll your child in the early morning care! A light breakfast will be served. Call to see if we drop off at your school.

Days: Monday-Friday Time: 7:00-9:00AM
Cost: \$175.00 per month Ages: 5-12



Starting 9/2004, We will no longer transport participants to or from school. Please see staff for more information.

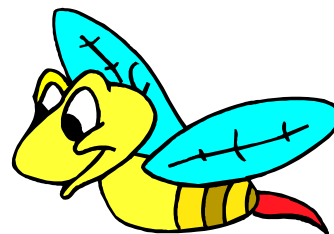
Pre-School Programs

The Busy Bees program is a fun and exciting way for your child to learn the basic fundamentals of the sports in which we operate.

In learning these fundamentals in an enjoyable atmosphere, it can lead to a successful and prominent youth sports experience in the future to come.



Days: M & W or T & TH
Ages: 3-6
Cost: \$40 per session
Time: 3:30 – 4:30PM
Session I: Basketball
Jan 5– March 4
Session II: T-Ball



Youth Programs

Move Over Mozart

Days: Saturdays
Jan 17-March 20
Ages: 5-12
Time: 9-1:15PM
Cost: \$79.00



Piano lessons are a great way for children to express their creativity. These fun and affordable lessons are held at the community center. To register for the program and for more information call (425)415-6520 or

Tech 2000 & 2

Free Computer Video Program!

Day: Fridays
Time: 6:30 - 9:30PM
Ages: 12-18

This 20 week class will consist of hands on activities with computers and video. Students will apply the knowledge and skills they learn in a classroom setting.

Students who



complete the class will earn a stipend based on attendance, participation, and assignments. Contact Loman at (206) 722-1390 for further information.

Goju-Ryu Karate

Day: Monday & Wednesdays
Time: 7-8PM
Cost: \$30.00 per session
December 10- March 10
No Classes on Jan 19th or Feb 16
Due to holidays.

Build self-confidence and stay fit while learning the basic skills and forms of this style of karate. Beginning and continuing students are welcome. The sessions are on going



Amharic Language Class

Day: Friday Time: 6-8PM
Cost: Free Ages: 5 & older

Are you interested in reading and writing in Amharic? You will learn just that in fun and exciting ways through story telling, music, and culture



Consider Volunteering!

Interested? Please call Rainier Beach Community Center at (206) 386-1925.

Mid Winter Break

Mid-Winter Break Camp



Mid winter break camp is a 4 day camp offered during the week of Presidents Day. This week will consist of a sports, science, and surprise field trips. We will provide breakfast, lunch, and a light snack.

February 17-20

Ages: 5-11

Time: 7AM-6PM

Cost: \$95.00
week



per

Spring Sports



Youth Track and Field

Ages: 5-17

Cost: \$30.00

Registration begins February 17th

Meets begin end of April

Come Join Rainier Beach Community Center's track team to learn the basics of Track and Field. Experienced volunteer coaches make Rainier Beach's track team one of the best and most fun in the city!

Little League Baseball and Coach Pitch

Lace up the cleats and get ready for baseball season!

Coach Pitch for Ages 10 and under

Little League for 11 and up.

All teams depend on registration.

(Registration will begin in early March.

Call (206) 386-1925 for more info.)

Teen Programs

After-School

The after-school teen program is a Pro-Parks funded program developed and implemented to meet the needs of young people. This program teaches teens: conflict resolution, how to cope with peer pressure, violence, drugs, and addresses issues affecting/facing our youth today. If you are interested in learning new skills, arts & culture, and meeting other teens, then this is the program

Instructor: Heather Johnston
Days: Monday-Friday
Ages: 13-18
Time: 2:30-6:30PM
Cost: Free



Activities Include:

- Tutoring
- Field Trips
- Sports
- Environmental Stewardships
- Computer Access

Also see "Adult Programs" for more teen classes.

Open Gym

Sundays
12 noon to 4:30PM

More open gym time will



Late night Program

...providing teens with positive alternatives

Free!

The goal of the Late Night Program is to provide teens with positive alternatives to alcohol, drugs, gangs, and other unsuitable activities. The goal is accomplished through intercultural activities, sports, arts & culture, educational workshop, special events and mentoring.

The Late Night Program is open to anyone interested in making a positive change in themselves and their community.

**Children ages 11 & under will not be permitted to stay past 11:30PM, unless accompanied by an adult.*



Music!

Fun!



Sports!

Food!



Supervisor: Folasa Titili'i

Day & Times:

- Friday, 8- Midnight @Rainier Beach C.C.
- Saturday, 8-Midnight @ ASA Mercer Middle School

Beauty Zone:

1st Friday of the month
Free haircuts, hairstyles, and manicures!

Free Swims:

Fridays, 9-10:30PM

*Please call the swimming pool

Serving today's youth and preparing them to be leaders of tomorrow

Adult Programs

Open Gym

Sundays:
Noon-4:30pm

Work on your game at Rainier Beach CC.
Sharpen those skills or get in a game! All ages welcome.
More Open gym days will begin after basket-



Rainier Beach
Community
Center is always
looking for coaches,
mentors, or any
adult volunteers.
Interested?

Call 386-1925

Goju-Ryu Karate

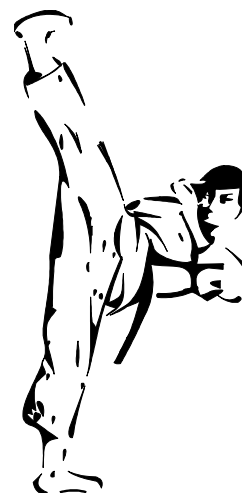
Day: Monday & Wednesday

Time: 8-9PM

Cost: \$30.00

December 10-March 10

Build self-confidence and stay fit while learning the basic skills and forms of this style of karate. Beginning and continuing students are welcome. The sessions are on going throughout the year.



Aerobics At Rainier Beach

ball season, which ends at the end of March

Yoga for Health & Wellness

Day: Mondays

Time: 6-7PM

This is a free program for cancer survivors. Promoting one's over all health and well being. Team Survivor is a non-profit organization that provides health, education, and exercise programs for women affected by cancer in all stages of treatment, recovery and survivorship.



Days: Tuesdays and Thursdays

Time: 6:00-7:00pm

Current Session through Jan 29

Next Session Begins in February

Cost: \$5 drop in or \$35 for session.

This program will get your body Jumpin' and your blood pumpin'! Come in for a great cardio workout and leave feeling and looking great!

(There is no class 2nd Tuesday of



Computer Programs

Call the lab for program information.

TAF Tech Start Kids Tech Hour

4th and 5th graders
Tuesdays & Thursdays
5:00-6:00pm



WIST Math and Reading

K-12
Monday & Wednesdays
4:00-6:00pm



Introduction to WEB Design

Teens (12-17)
Days TBA
Times TBA

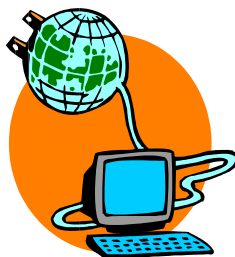
VIBE (Video Intensive Basic Education)

Ages: 12-18
Monday & Fridays
3:30-5:30pm



Registration Information:

- Please register in person for classes at the community center front desk.
- There is a 4 person minimum in order start classes.
- Class fees must be paid at the time of registration.



Introduction to Microsoft Word

Adults
Thursdays
6:30-8:30pm

Introduction to Computers

Adults
Mondays
1:30-3:30pm

OPEN LAB

All ages
T,W,TH 1:00-3:00pm
Mon 6:00-7:30pm

COMPUTER LAB HOURS:

1pm-8pm
Monday-Friday

Saturday* & Sunday*
*When volunteers available.
Noon-5PM

*****RAINIER BEACH COM-
PUTER LAB IS CLOSED TO
THE PUBLIC DURING
CLASSES AND SPECIAL PRO-
GRAMS OR EVENTS***

Computer Lab Phone Number:
Young Pham @(206)722-
1390

Please call (206) 386-1925 if
you are interested in volunteer-

Facility Rentals INFORMATION

Rainier Beach Complex is the perfect place to celebrate any important occasion, whether it is a reunion, birthday, wedding reception, or graduation. The Complex offers a spacious social room, game room, arts and craft room, and medium kitchen. For fee information and all the details on how to set up a rental, call (206) 386-1925 today to reserve a date for your special event.

PRITCHARD BEACH BATHHOUSE: 5500 South Grattan St.

We are pleased to announce the availability of Pritchard Beach Bathhouse! This facility on lake Washington has a social room that is available for rentals. It offers a splendid view of the beautiful lake and a perfect place for receptions or group meetings. Call 386-1925 for more information.

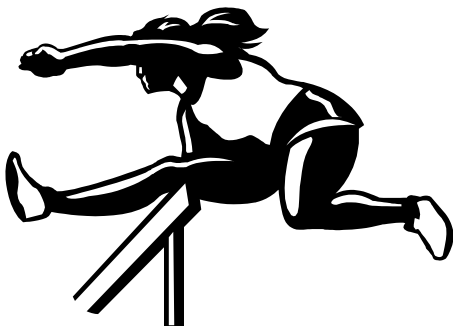
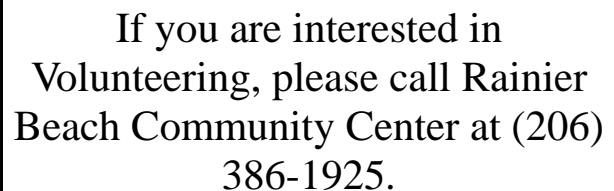




Spring Break Day Camp
April 5– April 9
Ages 5-11
Cost: \$135

Keep an eye out for exciting
information about Spring
Break Day Camp.

Keep an eye out for exciting information about Spring Break Day Camp.



Helpful Phone Numbers

COMMUNITY CENTERS

Alki	684-7430
Ballard	684-4093
Bitter Lake	684-7524
Delridge	684-7423
Garfield	684-4788
Green Lake	684-0780
Hiawatha	684-7441
Highpoint	684-7422
Jefferson	684-7481
Langston Hughes	684-4757
Laurelhurst	684-7529
Loyal Heights	684-4052
Magnolia	386-4235
Meadowbrook	684-7522
Miller	684-4753
Montlake	684-4736
Queen Anne	386-4240
Rainier	386-1919
Rainier Beach	386-1925
Ravenna-Eckstein	684-7534
Southwest	684-7438
South Park	684-7451
Van Asselt	386-1921
Yesler	386-1245
Queen Anne Aquatics	386-4282
Ballard Aquatics	684-4094
Medgar Evers Pool	684-4766
"Pop" Mounger Pool	684-4708
Colman Pool	684-7494

SPECIAL INTERESTS

Aquarium	386-4320
Asian Art Museum	654-3100
Daybreak Star Cultural Ctr.	285-4425
Discovery Park	386-4236
Green Lake Small Craft Ctr.	684-4074
Mt. Baker Rowing/Sailing	386-1913
Woodland Park Zoo	684-4800
Volunteer Pk. Conservatory	684-4743
Camp Long	684-7434
Carkeek Park	684-0877
Seward Environmental Ctr	684-4396



GOT AN IDEA FOR A PROGRAM OR AN EVENT?
DO YOU WANT TO SEE RAINIER BEACH
COMMUNITY CENTER OFFER SOMETHING NEW?

WE'RE ALL EARS! GIVE US A CALL AT
(206) 386-1925